

## Cadbury Park Daily Activities March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY	MARCH MARCH	SUNCOAST HUMANE SOCIETY Love them all  FREE PUPPYCUDDLES! Tuesday, March 5th 10:30	1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday SET SAIL MUSIC THERAPY with Jess	SOCIAL EVERY THURSDAY!	1 10:30 Chair Yoga 11:00 Games & Puzzles 1:30 TRIVIA 2:00 SING ALONG 3:00 Happy Hour w/Nella	2 10:30 Morning Stretch 1:30 BINGO 2:30 Snack & Hydration 3:00 Games & Puzzles 3:00 SING ALONG
3 9:30 Church Service TV 10:30 SING ALONG 1:00 Corn Hole 2:30 Snack & Hydration 3:30 Pretty Nails Spa Day	4 10:30 Morning Stretch 1:30 SING ALONG A/B 2:30 Snack & Hydration 3:00 OUT & ABOUT! 4:00 BINGO	5 10:30 PET THERAPY 11:00 Games & Puzzles 1:30 Card Games 2:30 Snack & Hydration 3:00 Music Social*	6 10:30 Cardio Ball Toss 11:00 Games & Puzzles 1:30 SING ALONG 2:30 Snack & Hydration 3:00 Cards & Games 4:15 Music Therapy!	7 10:30 Music Movement 11:00 Golf Putting 1:30 Namaste Room B 2:30 Ice Cream Social 4:00 BINGO	8 10:30 Chair Yoga 11:00 Games & Puzzles 1:30 TRIVIA 2:00 SING ALONG 3:00 Happy Hour w/Nella	9 10:30 Morning Stretch 11:00 Balloon Volleyball 1:30 BINGO 2:30 Snack & Hydration 3:00 Games & Puzzles 3:00 SING ALONG
10 9:30 Church Service TV 10:30 SING ALONG 1:00 Corn Hole 2:00 Heart Wonders 2:30 Snack & Hydration 3:30 Pretty Nails Spa Day	11 10:30 Morning Stretch 11:00 Games & Puzzles 1:30 SING ALONG A/B 2:30 Snack & Hydration 4:00 BINGO	12 10:00 Walking Club 10:30 Chair Yoga 11:00 Games & Puzzles 1:30 Crochet Club ② 2:30 Snack & Hydration 3:00 Music Social*	13 10:30 Cardio Ball Toss 11:00 Games & Puzzles 1:30 Trivia 2:30 Snack & Hydration 3:00 Cards & Games 4:00 BINGO	14 10:30 Music Movement 11:00 Golf Putting 1:30 Namaste Room B 2:30 Ice Cream Social 4:00 BINGO	15 10:30 Chair Yoga 11:00 Games & Puzzles 1:30 BINGO 2:00 JT Singers! 3:00 Happy Hour w/Nella	16 10:30 Morning Stretch 11:00 Balloon Volleyball 1:30 BINGO 2:30 Snack & Hydration 3:00 Games & Puzzles 3:00 SING ALONG

9:30 Church Service TV 10:30 SING ALONG 1:00 Corn Hole 2:30 Shamrock Cookies 3:00 St. Patrick's Day Trivia	18 10:30 Morning Stretch 11:00 Games & Puzzles 1:30 SING ALONG A/B 2:30 Snack & Hydration 3:00 TRIVIA 4:00 BINGO	19 10:00 Walking Club 10:30 Chair Yoga 11:00 Games & Puzzles 1:30 Card Games 2:30 Snack & Hydration 3:00 Music Social	20 10:30 Cardio Ball Toss 11:00 Games & Puzzles 1:30 SING ALONG 2:30 Snack & Hydration 3:00 Cards & Games 4:15 Music Therapy!	21 10:30 Music Movement 11:00 Golf Putting 1:30 Namaste Room B 2:30 Ice Cream Social 4:00 BINGO	10:30 Chair Yoga 11:00 Games & Puzzles 1:30 TRIVIA 1:30 SING ALONG 3:00 Happy Hour w/Nella	23 10:30 Morning Stretch 11:00 Balloon Volleyball 1:30 BINGO 2:00 Snack & Hydration 3:00 Games & Puzzles 3:00 SING ALONG
9:30 Church Service TV 10:30 SING ALONG 1:00 Corn Hole 2:00 Heart Wonders 2:30 Snack & Hydration 3:30 Pretty Nails Spa Day	25 10:30 Morning Stretch 11:00 Games & Puzzles 1:30 OUT & ABOUT! 2:30 Snack & Hydration 3:00 TRIVIA 4:00 BINGO	26 10:00 Walking Club 10:30 Chair Yoga 11:00 Games & Puzzles 1:30 Crochet Club © 2:30 Snack & Hydration 3:00 Music Social	27 10:30 Cardio Ball Toss 11:00 Games & Puzzles 1:30 Trivia 2:30 Snack & Hydration 3:00 Cards & Games 4:00 BINGO	28 10:30 Music Movement 11:00 Golf Putting 1:30 Namaste Room B 2:30 Ice Cream Social 4:00 BINGO	29 10:30 Chair Yoga 11:00 Games & Puzzles 1:30 TRIVIA 1:30 SING ALONG 3:00 Happy Hour w/Nella	30 10:30 Morning Stretch 11:00 Balloon Volleyball 1:30 BINGO 2:00 Snack & Hydration 3:00 Games & Puzzles 3:00 SING ALONG
9:30 Church Service TV 10:30 SING ALONG 11:30 Easter Meal 2:00 Heart Wonders 2:30 Snack & Hydration	2 <sup>nd</sup> & 4 <sup>th</sup> Sunday HEART WONDERS					Namaste Room Wednesday 1:30 p.m.