

May 2024



Independent Living Events & Programs

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>The Programs in GREEN require action from you.</p> <p>Onsite Dermatology Clinic—877-345-5300 for appointment (2WS) Fitness Center Orientation - Email Jeff at jsimmons@jacarandatrace.com Chicago Bridge – Gerda Robinson, 941-483-6431 (2PA?) Partner Bridge - Audrey Anderson, 497-0026 (2PA) Duplicate Bridge - Bobbie Patterson, 303-5525 (2CR) Fun Bridge – Lois Burkholder, 731-394-0581 Court Whist - Paula Glover, 303-5530 (2CR) Hand & Foot – Linda Boyd, 774-454-6523 (2CR) Knit & Stitch – Beth Sullivan, 941-408-4944 (2PA) Hearing Clinic - 941-232-5398 for appointment (2WS)</p> <p>Refer to your Cubigo account or a kiosk outside the Arts & Leisure Office for more details.</p>			<p>1 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Tech Support (2LB) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:15 Seated Cardio (3A) 1:00 Knit & Stitch (2PA) 2:00 Learn Mahjong (2CR) 2:00 Hand & Foot (2CR) 6:30 Partner Bridge (2PA) 7:00 Bingo (3A)</p>	<p>2</p> <p>8:00 Brain Game (3GP) 9:00 Fitness Orientation (1FC) 9:00 Yoga Stretch (3A) 9:00 Pool Volleyball (1P) 10:00 Euchre (2CR) 10:00 Cubigo Training 201 (2EC) 10:00 Adapting to Life Changes (2MT) 10:45 Water Aerobics (1P) 1:00 Balance Class (3A) 1:00 Duplicate Bridge (2CR) 3:30 Cubigo Training 201 (2EC) 7:00 Classic Movie (2MT)</p>	<p>3</p> <p>8:00 Brain Game (3GP) 8:15 Java with Jeff (3G) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:00 Woodshop Project 1 (1PCG) 10:15 Seated Cardio (3A) 12:30 Mahjong (2CR) 1:00 Fun Bridge (2CR) 1:00 Pinochle (2PA) 3:30 Shabbat Service (2AC) 4:00 Happy Hour Mixer (3A)</p>	<p>4</p> <p>8:00 Brain Game (3GP) 9:00 Pool Volleyball (1P) 10:00 Ladies Ping Pong (2PA) 11:00 Mimosas & Pastries (3HB) 1:00 Mahjong (2CR) 6:00 Kentucky Derby Viewing (3G) 7:00 Current Movie (2MT)</p>
<p>5</p> <p>8:00 Brain Game (3GP) 7:00 Man Cave Movie (2MT)</p> <p>Sunday Brunch Cinco de Mayo Call 408-2027 for reservations Between 11:30 AM – 1:30 PM</p> <p>Entertainment from 12:00-2:00 PM Dining Room</p>	<p>6 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:00 Cubigo Training 101 (2AC) 10:15 Seated Cardio (3A) 10:30 Cornhole (2PA) 10:45 Water Aerobics (1P) 1:00 Balance Class (3A) 1:00 Open Studio (2AC) 2:00 Cribbage (2CR) 3:30 Cubigo Training 101 (2AC) 3:30 Holocaust Program (2EC) 4:30 Piano Bar Music (3GP)</p>	<p>7 8:00 Tai Chi (3A)</p> <p>8:00 Brain Game (3GP) 8:00 Walking Club (1PCG) 9:00 Yoga Stretch (3A) 9:00 Fitness Orientation (1FC) 9:00 Pool Volleyball (1P) 9:30 Communion & Rosary (2AC) 10:00 Euchre (2CR) 10:45 Water Aerobics (1P) 1:00 Chicago Bridge (2CR) 1:00 Active Minds (2EC) 2:00 Rummikub (2CR) 3:00 Line Dancing (3A) 7:00 Open Poker (2PA)</p>	<p>8 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Tech Support (2LB) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:15 Seated Cardio (3A) 11:00 Christian Video (2AC) 1:00 Knit & Stitch (2PA) 2:00 Learn Mahjong (2CR) 2:00 Adjusting Our Sails (2BR) 2:00 Hand & Foot (2CR) 7:00 Bingo (3A)</p>	<p>9 Dermatology Clinic (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Fitness Orientation (1FC) 9:00 Yoga Stretch (3A) 9:00 Pool Volleyball (1P) 10:00 Euchre (2CR) 10:00 Kayak Adventure Trip 10:45 Water Aerobics (1P) 1:00 Balance Class (3A) 1:00 VPC: Fellowship (2AC) 1:00 Duplicate Bridge (2CR) 4:00 Entertainment (3A) 7:00 Classic Movie (2MT)</p>	<p>10</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:00 Woodshop Project 2 (1PCG) 10:00 Cubigo Training 201 (2EC) 10:15 Seated Cardio (3A) 11:00 Meditation Circle (2AC) 12:30 Mahjong (2CR) 1:00 Pinochle (2PA) 2:00 Creative Arts (2AC) 3:30 Cubigo Training 201 (2EC) 4:00 Happy Hour Mixer (3A)</p>	<p>11</p> <p>8:00 Brain Game (3GP) 9:00 Pool Volleyball (1P) 10:00 Ladies Ping Pong (2PA) 11:00 Mimosas & Pastries (3HB) 12:45 Westcoast Black Theatre 1:00 Mahjong (2CR) 7:00 Current Movie (2MT)</p>

ROOM LOCATION LEGEND

- 1P = POOL
- 1FC = FITNESS CENTER
- 1FA = FOUNTAIN AREA
- 1PCG = PORTE-COCHERE GARAGE
- 1DA = DELIVERY AREA
- 2AC = ARTS & CRAFTS ROOM
- 2BR = BOARD ROOM
- 2CR = CARD ROOM
- 2EC = ENRICHMENT CENTER
- 2MT = MOVIE THEATRE
- 2PA = PARLOR AREA
- 2LB = LIBRARY BUSINESS CENTER
- 2WS = WELLNESS SUITE
- 3C = CONCIERGE
- 3A = AUDITORIUM
- 3GP = GRAND PARLOR
- 3G = THE GRILL
- 3AD = AUDITORIUM DRESSING ROOM
- 3HH = BAR AREA & GRAND PARLOR
- 3HB = Hibiscus Room

REFER TO YOUR CUBIGO ACCOUNT OR A KIOSK FOR MORE DETAILS.

SIGN UP REQUIRED FOR ITEMS IN RED.

DROP IN AND ENJOY FOR ITEMS IN BLACK.



Afternoon Tea
 Monday – Friday
 2:00 PM (3GP)



Brain Games
 Pick up a weekly
 packet (3GP)



Monday – Saturday
 4:00-5:00 PM
 (3HH)

<p>12</p> <p>8:00 Brain Game (3GP) 7:00 Man Cave Movie (2MT)</p> <p>Mother's Day Brunch Call 408-2027 for reservations Between 11:30 AM–2:30 PM</p> <p>Entertainment from 12:00-2:00 PM Dining Room</p>	<p>13 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:00 Cubigo Training 101 (2AC) 10:15 Seated Cardio (3A) 10:30 Cornhole (2PA) 10:45 Water Aerobics (1P) 1:00 Open Studio (2AC) 1:00 Balance Class (3A) 1:00 Ice Cream Truck (1PCG) 2:00 Cribbage (2CR) 3:30 Cubigo Training 101 (2AC) 4:30 Piano Bar Music (3GP)</p>	<p>14 8:00 Tai Chi (3A)</p> <p>8:00 Brain Game (3GP) 8:00 Walking Club (1PCG) 9:00 Yoga Stretch (3A) 9:00 Fitness Orientation (1FC) 9:00 Pool Volleyball (1P) 9:30 Communion & Rosary (2AC) 10:00 Euchre (2CR) 10:00 Men Only (2EC) 10:45 Water Aerobics (1P) 1:00 Chicago Bridge (2CR) 1:00 Active Minds (2EC) 2:00 Rummikub (2CR) 3:00 Line Dancing (3A) 7:00 Court Whist (2CR) 7:00 Open Poker (2PA)</p>	<p>15 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Hearing Clinic (2WS) 9:00 Standing Cardio (3A) 9:00 Shred It Event (1DA) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:15 Seated Cardio (3A) 1:00 Knit & Stitch (2PA) 2:00 Learn Mahjong (2CR) 2:00 Hand & Foot (2CR) 2:00 Arts & Leisure Scoop (2EC) 6:30 Partner Bridge (2PA) 7:00 Bingo (3A)</p>	<p>16</p> <p>8:00 Brain Game (3GP) 9:00 Fitness Orientation (1FC) 9:00 Yoga Stretch (3A) 9:00 Pool Volleyball (1P) 10:00 Euchre (2CR) 10:00 Member Orientation (2EC) 10:45 Water Aerobics (1P) 1:00 Balance Class (3A) 2:30 Town Hall (3A) 3:30 Wine & Cheese Pairing (3A) 7:00 Classic Movie (2MT)</p>	<p>17</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:00 Cubigo Training 201 (2EC) 10:00 Woodshop Project 3 (1PCG) 10:15 Fireside Chat (2EC) 10:15 Seated Cardio (3A) 12:30 Mahjong (2CR) 1:00 Fun Bridge (2CR) 1:00 Pinochle (2PA) 3:30 Cubigo Training 201 (2EC) 4:00 Happy Hour Mixer (3A) 6:40 Venice Theatre</p>	<p>18</p> <p>8:00 Brain Game (3GP) 9:00 Pool Volleyball (1P) 10:00 Ladies Ping Pong (2PA) 10:00 Sound Bath Healing (2AC) 10:45 Sunseeker Resort 11:00 Mimosas & Pastries (3HB) 1:00 Mahjong (2CR) 7:00 Current Movie (2MT)</p>
<p>19</p> <p>8:00 Brain Game (3GP) 3:00 Ecumenical Service (3A) 7:00 Man Cave Movie (2MT)</p>	<p>20 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:00 Cubigo Training 101 (2AC) 10:00 Shopping at UTC 10:15 Seated Cardio (3A) 10:30 Cornhole (2PA) 10:45 Water Aerobics (1P) 1:00 Balance Class (3A) 2:00 Cribbage (2CR) 3:30 Cubigo Training 101 (2AC) 4:30 Piano Bar Music (3GP)</p>	<p>21 8:00 Tai Chi (3A)</p> <p>8:00 Brain Game (3GP) 8:00 Walking Club (1PCG) 9:00 Yoga Stretch (3A) 9:00 Fitness Orientation (1FC) 9:00 Pool Volleyball (1P) 9:30 Communion & Rosary (2AC) 10:00 Euchre (2CR) 10:45 Water Aerobics (1P) 12:00 Wellness Lunch & Learn (3A) 1:00 Chicago Bridge (2CR) 1:00 Active Minds (2EC) 2:00 Rummikub (2CR) 3:00 Line Dancing (3A) 7:00 Open Poker (2PA)</p>	<p>22 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:15 Seated Cardio (3A) 11:00 Christian Video (2AC) 12:00 Asolo Theatre 1:00 Knit & Stitch (2PA) 2:00 Learn Mahjong (2CR) 2:00 Adjusting Our Sails (2BR) 7:00 Bingo (3A)</p>	<p>23</p> <p>8:00 Brain Game (3GP) 9:00 Fitness Orientation (1FC) 9:00 Yoga Stretch (3A) 9:00 Pool Volleyball (1P) 10:00 Euchre (2CR) 10:00 Cubigo Training 201 (2EC) 10:45 Water Aerobics (1P) 1:00 Balance Class (3A) 1:00 Duplicate Bridge (2CR) 2:30 Wellness Nurse Presentation (2EC) 3:30 Cubigo Training 201 (2EC) 4:00 Entertainment (3A) 7:00 Classic Movie (2MT)</p>	<p>24 Birthday Card Signing (2CR)</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:00 Woodshop Project 4 (1PCG) 10:15 Seated Cardio (3A) 11:00 1st Book Club (2BR) 12:30 Mahjong (2CR) 1:00 Pinochle (2PA) 2:00 Superfood Tasting (3A) 4:00 Happy Hour Mixer (3A)</p>	<p>25 Birthday Card Signing (2CR)</p> <p>8:00 Brain Game (3GP) 9:00 Pool Volleyball (1P) 10:00 Ladies Ping Pong (2PA) 1:00 Mahjong (2CR) 6:30 Venice Symphony 7:00 Current Movie (2MT)</p>
<p>26 Birthday Card Signing (2CR)</p> <p>8:00 Brain Game (3GP) 12:00 Indy 500 Viewing Party (3G) 3:30 Dress & Dine 7:00 Man Cave Movie (2MT)</p>	<p>27 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 10:30 Cornhole (2PA) 11:00 Memorial Day Program (3A)</p> <p>Memorial Day Brunch Call 408-2027 for reservations Between 11:30 AM–2:30 PM</p> <p>Entertainment from 12:00-2:00 PM Dining Room</p>	<p>28 8:00 Tai Chi (3A)</p> <p>8:00 Brain Game (3GP) 8:00 Walking Club (1PCG) 9:00 Yoga Stretch (3A) 9:00 Fitness Orientation (1FC) 9:00 Pool Volleyball (1P) 9:30 Communion & Rosary (2AC) 10:00 Euchre (2CR) 10:00 Men Only (2EC) 10:45 Water Aerobics (1P) 1:00 Chicago Bridge (2CR) 1:00 Active Minds (2EC) 2:00 Rummikub (2CR) 3:00 Line Dancing (3A) 7:00 Court Whist (2CR) 7:00 Open Poker (2PA)</p>	<p>29 8:00 Lab Services (2WS)</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:15 Seated Cardio (3A) 10:00 Cubigo Training 201 (2EC) 12:00 Empath Program (2WS) 1:00 Knit & Stitch (2PA) 2:00 Hand & Foot (2CR) 3:00 Know Your Neighbor (3A) 3:30 Cubigo Training 201 (2EC) 7:00 Bingo (3A)</p>	<p>30</p> <p>8:00 Brain Game (3GP) 9:00 Fitness Orientation (1FC) 9:00 Yoga Stretch (3A) 9:00 Pool Volleyball (1P) 10:00 Euchre (2CR) 10:00 Sarasota Jungle Gardens 10:45 Water Aerobics (1P) 1:00 Balance Class (3A) 1:00 Duplicate Bridge (2CR) 7:00 Classic Movie (2MT)</p>	<p>31</p> <p>8:00 Brain Game (3GP) 9:00 Standing Cardio (3A) 9:30 Motion & Balance Class (3A) 9:45 Weights (3A) 10:00 Woodshop Project 5 (1PCG) 10:15 Seated Cardio (3A) 11:00 2nd Book Club (2CR) 12:30 Mahjong (2CR) 1:00 Pinochle (2PA) 1:00 Low Vision Sign Up (2AC) 2:00 HealthNut Series (2EC) 4:00 Happy Hour Mixer (3A)</p>	